

Caring for perilesional skin. Use of a hydrocellular dressing with silicone adhesive and anatomically shaped for the heel

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Introduction

In the course of our work centred on the treatment of wounds of any etiology we often come across wounds which because of their location are difficult to cover with dressings used in more traditional environments. Although there are some specific shapes on the market for locations such as the sacrum or the heels these may not be suitable on occasion for certain wounds.

Objectives

Our work focuses on the use of polyurethane foam with silicone adhesive and a specific shape that can be adapted to locations which in principle are more difficult to cover with more usual dressings.

Methods

A series of clinical wounds of different etiologies and in different locations which because of their location are difficult to deal with.

SACRUM

92-year-old female patient with double incontinence who presented with a grade II pressure ulcer of 15 days duration on the sacrum. Treatment started with ALLEVYN[®] Gentle Border Heel with changes every 48 hours if incontinence permitted or else it was changed earlier and healing occurred in 27 days.

HEEL

75-year-old male patient who since admission to hospital presented with a grade II pressure ulcer on the right heel. We began treatment with ALLEVYN Gentle Border Heel with changes every 48 hours. The decision to change the treatment from that being used before was based on the family's need to be able to take the patient to the day centre. During the course of the of the application of this treatment not only was the wound healed (2-3 months) but also the well-being and comfort of the patient was sufficient that he could continue his normal life which with other dressings (being changed daily) would not have been possible.

BURN

28-year-old male patient who arrived at the centre presenting with a grade 2 superficial burn from a water scold. ALLEVYN Gentle Border Heel was applied so that he could continue to work (he did not want to take sick leave) while undergoing treatment. The dressing was removed after 72 hours when it was noted that the lesion was completely healed, at the same time emphasising the patient's comfort and ability to continue with his work and activities.

THORACOTOMY SUTURE

68-year-old male patient who arrived at the consulting room to have a suture checked on a thoracotomy carried out to rule out neoplasia in the right lung. He arrived ahead of schedule because he could not bear the itching and irritation to the skin. On removing the dressing irritation caused by an allergic reaction in the contact area was noted. We took out the surgical staples and put on ALLEVYN Gentle Border Heel which we removed 48 hours later after which we noted that the allergic reaction had disappeared and the suture was in good condition.

